## MyDiabetesIQ

machine learning for decision support & outcome prediction in diabetes

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@csainsbury



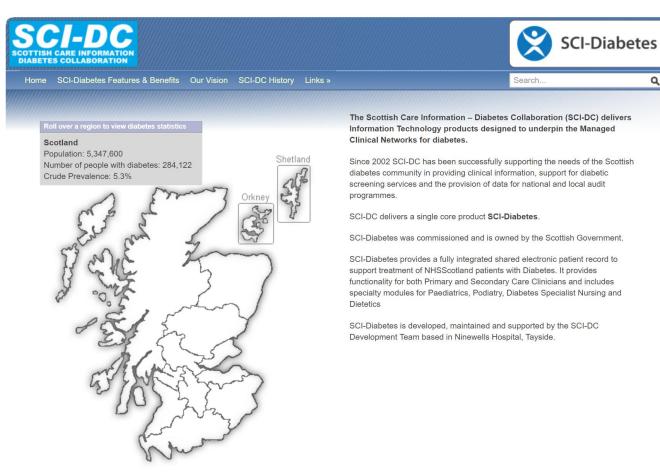




### **SCI-Diabetes**

c 300k patients with DM c 500k historical patients

longitudinal data 1990 onwards: biochemistry phenotypic data complications mortality prescribing data (encashment)



2015 SCI-Diabetes

Statistics are taken from the Scottish Diabetes Survey 2015.pdf

## **SCI-Diabetes**

'if we have one of the best datasets in the world, we should be able to build high quality algorithms to understand relationships within diabetes data...'

## initial goals

- i. suggest best next therapy / combination of therapies to achieve goals in multiple domains (hba1c reduction / blood pressure / mortality etc)
- ii. predict complications (LLA, CV events)
- iii. predict acute complications (hypoglycaemia etc)
- iv. predict diabetes type at diagnosis, identify MODY etc

InnovateUK (Digital Health Technology Catalyst) 1M grant 2018-2021

# what is the next best drug(s) for my patient? **virtual n = 1 drug trial**

what drug should I prescribe to give this patient the best chance of having an HbA1c <60mmol/mol, with a reduction in blood pressure and BMI in 1 year?

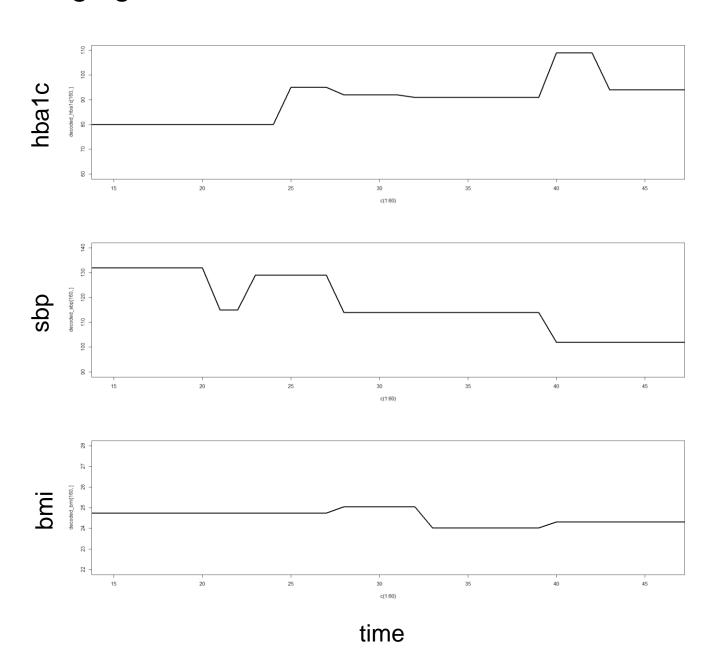
taking into account their individual history of:

- HbA1c / BMI / blood pressure
- previously prescribed combinations of drug therapies
- how previous drugs have impacted on HbA1c / BMI / blood pressure
- sex
- age
- ethnicity

time series

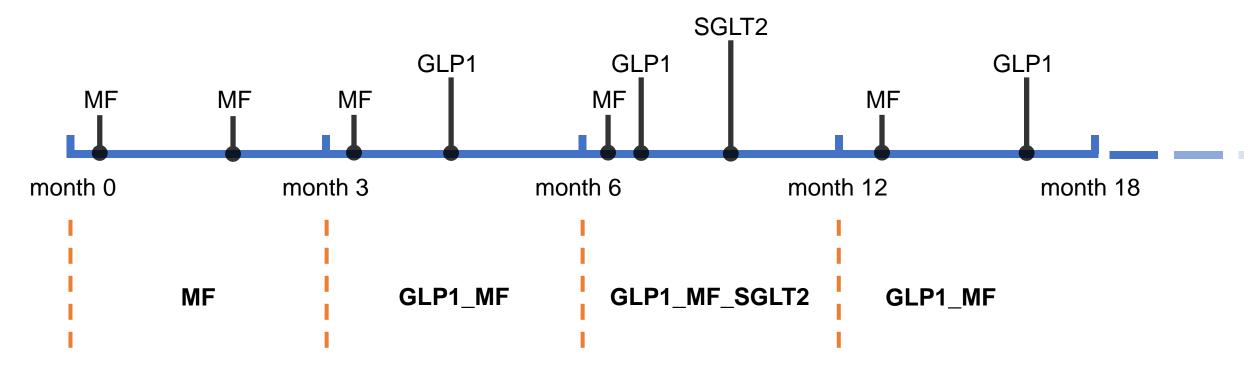
stable over time

#### managing time series data - 1



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managing time series data - 2 drug combinations as words - for natural language processing approach

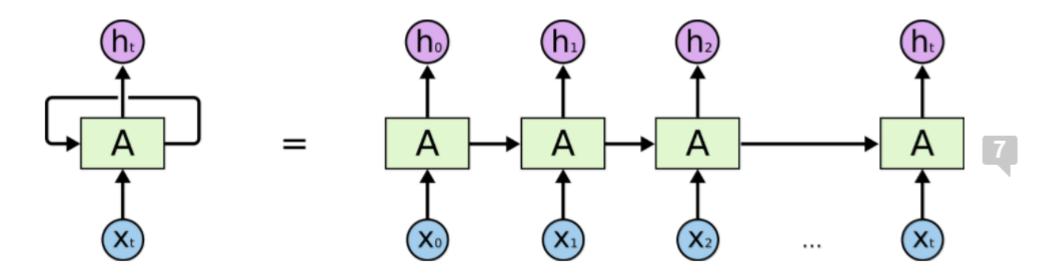


Drug Sentence: MF, GLP1\_MF, GLP1\_MF\_SGLT2, GLP1\_MF

↓
Embedding, eg: 1, 2, 3, 2

↓
input into RNN / LSTM

Recurrent Neural Network (LSTM)

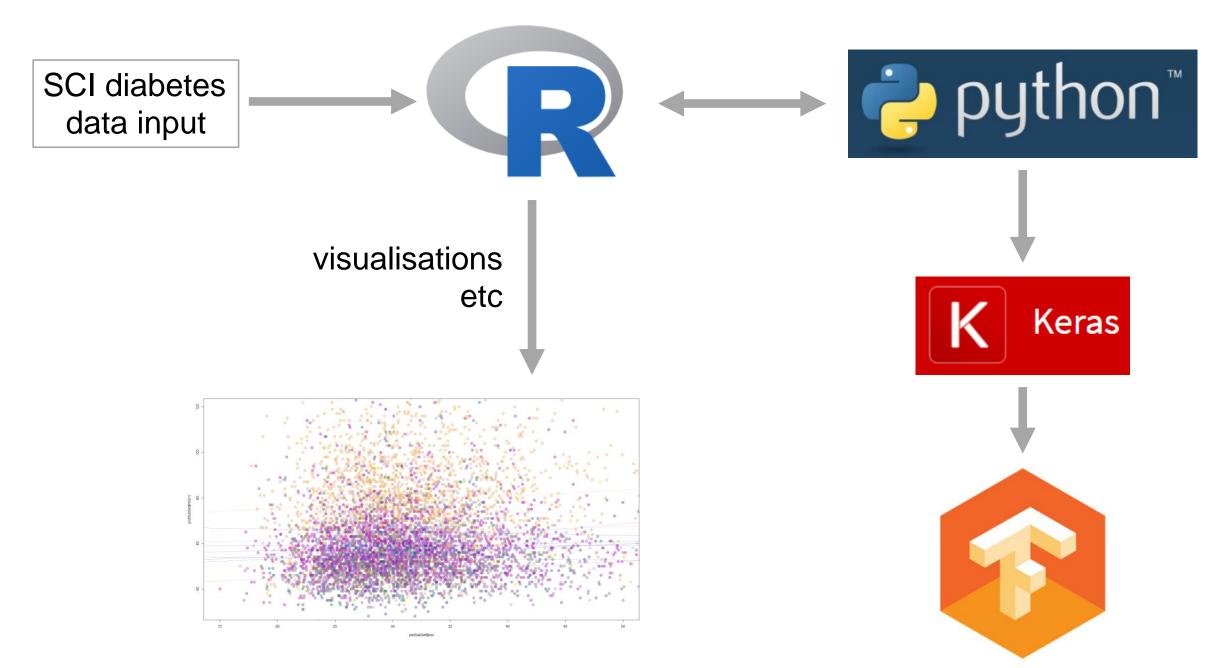


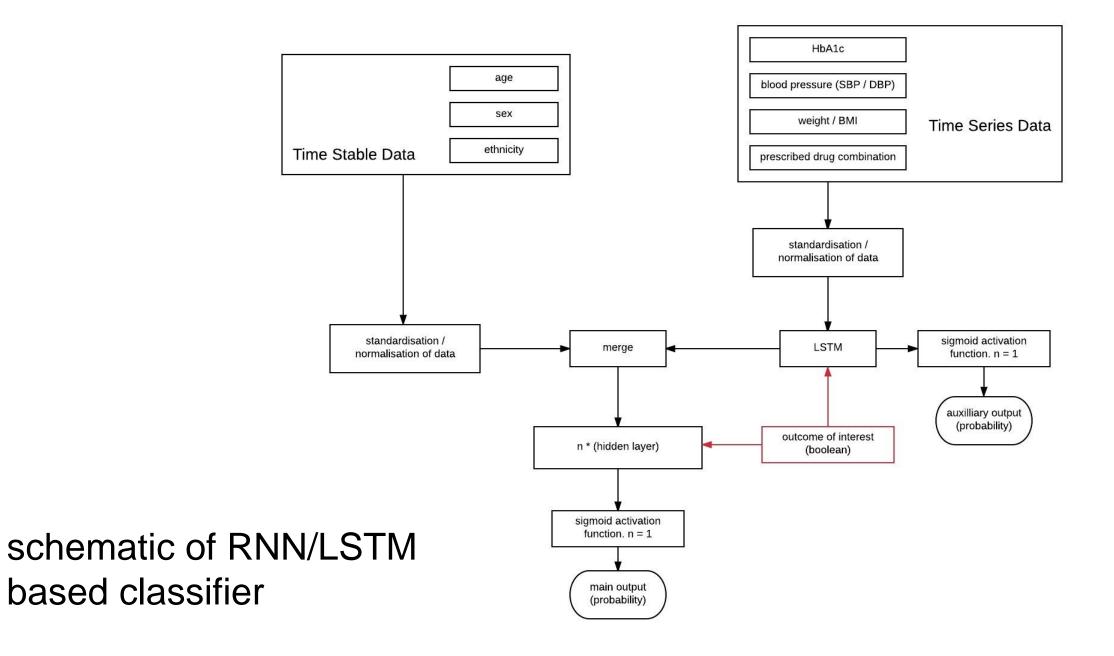
An unrolled recurrent neural network.

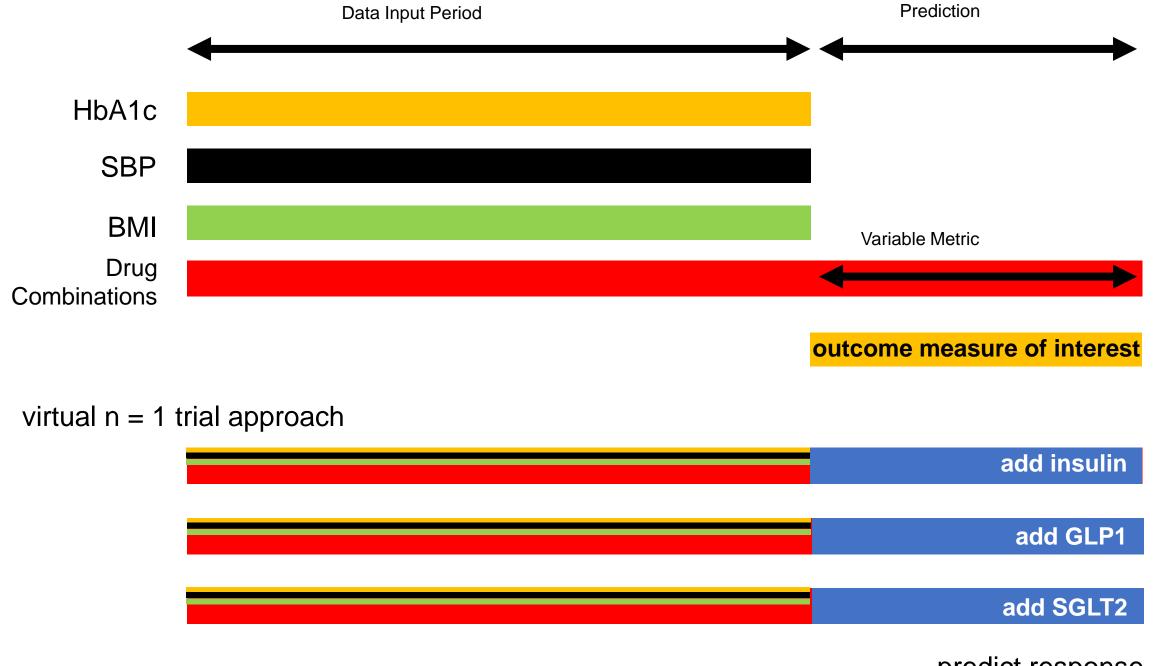
extracts information from sequence of input multi-dimensional RNN will learn interactions between input sequences over time

widely used – eg 30% google energy consumption running RNNs

environments used:

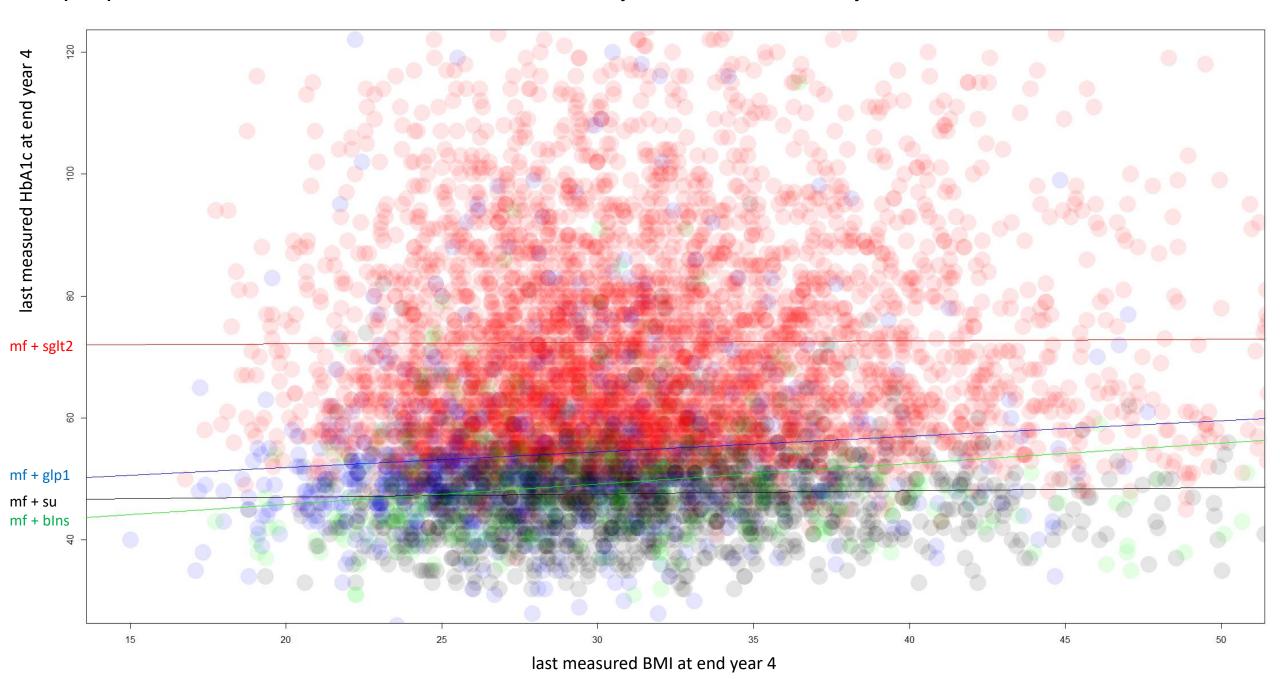




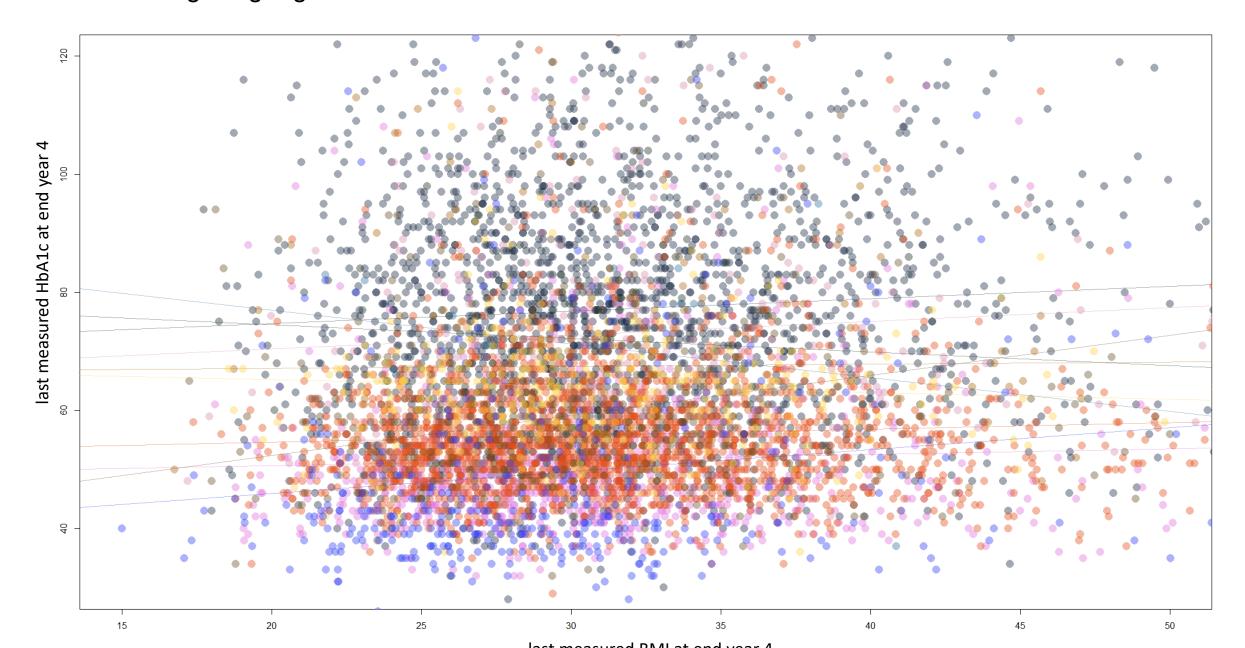


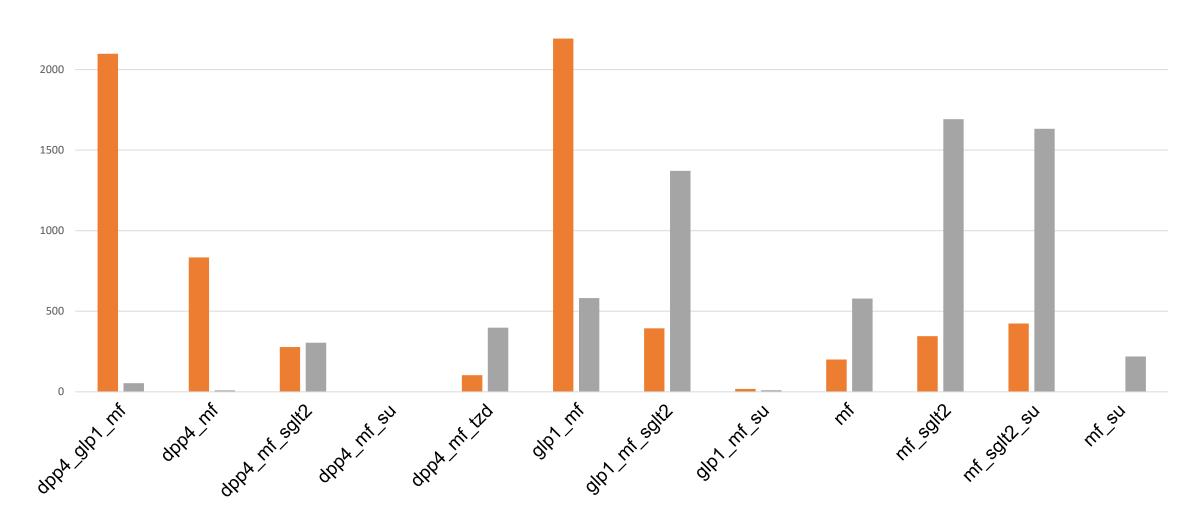
predict response

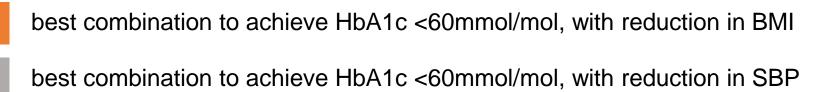
simple problem: which of 4 combinations most likely to reduce hba1c by 10mmol/mol?



more complex problem: which of 16 combinations most likely to reduce hba1c to <60mmol/mol without causing weight gain?







#### aims

simple system end 2018 (hybrid ML / rules based)

**CE** marking

development within SCI diabetes dataset, but with validation in external datasets







